



Framework Timetable for Support Unit students, Term 4 Week 3, Monday - Friday

Below is OUR FINAL learning framework/timetable for you to follow. You will need access to a digital device to complete some of the activities. Your teacher might have a Zoom to check-in with how you are going. Please log in to your Google Classroom. There will be worksheets from your teacher for you to print and complete. You may need help from a parent/carer. You are also able to access Mathletics and other websites. Complete all activities in your workbook and keep worksheets in your book too. Write the date on your activities to keep track. **Bring all of your completed activities and workbook when you next come in to school.**

If you are looking for more to do, here are some FABULOUS Web-sites for you to check out!

The Best Ideas for Kids: <https://www.thebestideasforkids.com/indoor-activities-for-kids/> **This has some really fun activities!**

Storyline Online – The SAG-AFTRA Foundation’s award-winning children’s literacy website, Storyline Online, streams videos featuring celebrated actors reading children’s books. <https://www.storylineonline.net/about-us/>

Free and Original Stories for Kids: <https://www.freechildrenstories.com/>

Learn How To Type: <https://www.typingclub.com/>

Weatherzone: <https://www.weatherzone.com.au/nsw/sydney/glenmore-park>

Mathletics: <https://login.mathletics.com/>

Student log ins should be in front cover of Communication Book or Homework Book

Behind The News: <https://www.abc.net.au/btn/stories/>

ABC TV Education: <https://www.abc.net.au/tveducation/programs/primary/>

Also, click on this link: <https://iview.abc.net.au/show/mini-lessons/series/2021>

World Book Log in to World Book Online – <https://www.worldbookonline.com> ID – scps1 Password – scps1

Some good YouTube links:

Sunflower: <https://www.youtube.com/watch?v=ApXoWvfEYVU>

Let’s Get Fit: Count to 100: <https://www.youtube.com/watch?v=1dkPoulWCyc>

Cosmic Kids Yoga: https://www.youtube.com/results?search_query=cosmic+kids+yoga

Elf Sight words #1: <https://www.youtube.com/watch?v=Epplgnlutw> Elf Sight words #2: <https://www.youtube.com/watch?v=Rs1Sr-AtK3Y>


Elf Sight words #3: <https://www.youtube.com/watch?v=25n6hqUAZuo> Elf Sight words #4: <https://www.youtube.com/watch?v=glHYbA4L5Jw>

Phonics songs: <https://www.youtube.com/watch?v=BELIZKpi1Zs>

Solar System song: https://www.youtube.com/watch?v=BZ-qLUIj_A0 and Planets Song: <https://www.youtube.com/watch?v=mQrlgH97v94>

Planet comparisons: <https://www.youtube.com/watch?v=i93Z7zljQ7I>

On YouTube, students also enjoy: JustDance, Go Noodle and Blazer Fresh

T4	W3	Morning Session	Middle Session	Afternoon Session
Monday 18/10/21	<p>KLA English <u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> www.weatherzone.com.au/nsw/sydney/glenmore-park Watch BTN Newsbreak https://www.abc.net.au/btn/stories/daily/</p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/ run.</p> <p><u>Task 3: Snack & Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word list provided by teacher.</p>	<p><u>Task 5: News</u> Tell some news about what things you have done over the weekend. Write at least three sentences about what you did (ask an adult to write it for you to copy if you need help). Draw a picture to illustrate your news.</p> <p><u>Task 6: Handwriting</u> Practise writing your name, address and either your home phone number (if you have one) or a parent's mobile phone number. Ensure that you are correctly forming the letters in your name. There may be a "trace sheet" for some students.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>11am RECESS</p>	<p>Drop Everything and Read 10-15 minutes of quiet reading.</p> <p>KLA Mathematics <u>Task 1: Warm Up</u> Complete the blue, black and pink colours of the Place Value Mystery Picture 3 sheet. <i>Ask a grown up if you need help.</i></p> <p><u>Task 2: Maths worksheet/s</u> Complete the maths worksheet assigned by your teacher.</p> <p>Have an ACTIVE BREAK</p> <p>1pm LUNCH</p>	<p>Drop Everything and read or draw Dot to Dot or colour-in or complete a maze. 10 - 15 minutes of a quiet activity.</p> <p>LIBRARY Lesson Watch the story <i>Carmela Full of Wishes</i> by Matt de la Pena. https://www.youtube.com/watch?v=C_HwqJT54fE As you watch, think about the following questions.</p> <ul style="list-style-type: none"> • Where do you think Carmela is from? How do you know? • What did you learn about Carmela's father? • What wish do you think Carmela made? <p>After watching, review the questions above. Tell someone what you think.</p> <p>Play Memory V</p>  <p>https://www.novelgames.com/en/memory5/</p> <p>End of day bell goes at 3.10pm</p>

T4	W3 Morning Session		Middle Session	Afternoon Session	
Tuesday 19/10/21	<p>KLA English <u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> www.weatherzone.com.au/nsw/sydney/glenmore-park Watch BTN Newsbreak https://www.abc.net.au/btn/stories/daily/</p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack & Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word list provided by teacher.</p>	<p><u>Task 5: Spelling activity</u> Do spelling set by your class teacher (sheet).</p> <p><u>Task 6: Handwriting</u> Complete one page of handwriting. Trace and copy neatly – check that you have correct pen/pencil grip and are sitting with good posture.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>11am RECESS</p>	<p>Drop Everything and Read 10-15 minutes of quiet reading.</p> <p>KLA Mathematics <u>Task 1: Warm Up</u> Complete the yellow colour of the Place Value Mystery Picture 3 sheet. <i>Ask a grown up if you need help.</i></p> <p><u>Task 2: Maths worksheet/s</u> Complete the maths worksheet assigned by your teacher.</p>	<p><u>Task 3: Word problem</u> Solve ONE of the worded problems on the Matharoo Worksheet LP – 30 21 Do one worded problem each day.</p> <p><u>Task 4: online maths</u> Targetting maths activity or Log in to Mathletics and complete activities, until you have earned at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>Have an ACTIVE BREAK</p> <p>1pm LUNCH</p>	<p>Drop Everything and read or draw Dot to Dot or colour-in or complete a maze. 10 - 15 minutes of a quiet activity.</p> <p>Watch the latest Behind the News, BTN Classroom Episode.</p> <p>Discuss the areas that interested you with your family.</p> <p>Challenge: Write a sentence about a new fact you learnt and how you feel about it.</p> <p>Do two JUST DANCES</p> <p>End of day bell goes at 3.10pm</p>

T4

W3

Morning Session

Middle Session

Afternoon Session

WELLBEING Wednesday 20/10/21

Good morning!

Sing and dance to your favourite song on YouTube.

Check in 'How are you feeling?'

What is the weather like today?

Look outside and check on Weatherzone – but only if you feel like it!

Today is **Wellbeing Wednesday**

- You do NOT have to do any school work today.
- There will be NO school Zooms
- But there is LOTs of fun activities, Mindfulness exercises and other things you can do today...

If you are at home, please have a look at the pages, with your mum or dad, of the different activities you could do and together "choose what you like".

For those students who are at school, you and the teacher can decide which fun things you can do today.

Some suggestions:

- Dress-ups
- Build a pillow tower
- Outside scavenger hunt
- Watch a movie
- Do some gardening
- Go for a walk/run
- Build LEGO
- Make Banana Smoothies
- Do yoga
- Blow and chase bubbles.

11am RECESS

Five Minute Biodiversity Buster cards with instructions and illustrations for various nature activities.

Halloween I Spy and Count to 20 activity sheet featuring various Halloween-themed items for counting and identification.

Make Banana Smoothies



Five Minute Biodiversity Buster cards with instructions and illustrations for various nature activities.

Screen-Free Mindfulness Challenge Cards with activities like 'At the Beach' and 'Musical Drawing'.

Five Minute Biodiversity Buster cards with instructions and illustrations for various nature activities.

Go to: The Best Ideas for Kids


<https://www.thebestideasforkids.com/indoor-activities-for-kids/>

1pm LUNCH – eat outside on a rug/mat.

Drop Everything and read or draw or colour-in or word search.



End of day bell goes at 3.10pm

T4	W3 Morning Session	Middle Session	Afternoon Session
Thursday 21/10/21	<p>KLA English <u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> www.weatherzone.com.au/nsw/sydney/glenmore-park Watch BTN Newsbreak https://www.abc.net.au/btn/stories/daily/</p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack & Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word list provided by teacher.</p> <p>11am RECESS</p>	<p><u>Task 5: Spelling activity</u> Do spelling set by your class teacher (sheet).</p> <p><u>Task 6: Handwriting</u> Complete one page of handwriting. Trace and copy neatly – check that you have correct pen/pencil grip and are sitting with good posture.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>Drop Everything and Read 10-15 minutes of quiet reading.</p> <p>KLA Mathematics <u>Task 1: Warm Up</u> Complete the pink and black colours of the Place Value Mystery Picture 4 sheet. <i>Ask a grown up if you need help.</i></p> <p><u>Task 2: Maths worksheet</u> Complete the maths worksheet assigned by your teacher.</p> <p>1pm LUNCH</p>	<p><u>Task 3: Word problem</u> Solve ONE of the worded problems on the Matharoo Worksheet LP – 30 21 Do one worded problem each day.</p> <p><u>Task 4: online maths</u> Targetting maths activity or Log in to Mathletics and complete activities, until you have earned at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>Have an ACTIVE BREAK</p> <p>Drop Everything and read or draw Dot to Dot or colour-in or complete a maze. 10 - 15 minutes of a quiet activity.</p> <p>KLA ART: See sheet</p> <p>Art Activity – Week 3 Abstract Self Portrait</p>  <p>End of day bell goes at 3.10pm</p>

T4	W3	Morning Session	Middle Session	Afternoon Session
Friday 22/10/21	<p>KLA English <u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> www.weatherzone.com.au/nsw/sydney/glenmore-park Watch BTN Newsbreak https://www.abc.net.au/btn/stories/daily/</p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack & Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word list provided by teacher.</p>	<p><u>Task 5: Spelling activity</u> Rewrite spelling list. Have an older person, sibling, parent or teacher test you on your spelling.</p> <p><u>Task 6: Reading Comprehension</u> Complete reading comprehension activity set by your teacher.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>11am RECESS</p>	<p>Drop Everything and Read 10-15 minutes of quiet reading.</p> <p>KLA Mathematics <u>Task 1: Warm Up</u> Complete the grey colour of the Place Value Mystery Picture 4 sheet. <i>Ask a grown up if you need help.</i></p> <p><u>Task 2: Maths worksheet/s</u> Complete the maths worksheet assigned by your teacher.</p> <p>Have an ACTIVE BREAK</p>	<p><u>Task 3: Word problem</u> Solve ONE of the worded problems on the Matharoo Worksheet LP – 30 21 Do one worded problem each day.</p> <p><u>Task 4: online maths</u> Targetting maths activity or Mathletics and earn at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>1pm LUNCH</p> <p>Drop Everything and read or draw Dot to Dot or colour-in or complete a maze. 10 - 15 minutes of a quiet activity.</p> <p>SPORT – Fundamental Movement Skills Complete three fundamental movement skills.</p> <div data-bbox="1591 690 1961 950" data-label="Image"> <p>The image shows four activity cards for Fundamental Movement Skills. The top-left card is titled 'Fundamental Movement Skills Activity Cards' and features a blue background with a white icon of a person jumping. The top-right card is titled '1. Bounce and Catch' and shows a person bouncing a ball. The bottom-left card is titled '2. Body Balance' and shows two people in different balancing poses. The bottom-right card is titled '3. Galloping' and shows a person galloping.</p> </div> <p>End of day bell goes at 3.10pm</p> <p>THIS IS OUR LAST DAY OF LEARNING FROM HOME!!! See you at school on Monday!</p>