



**Framework Timetable for Support Unit students, Term 3 Week 3, Monday - Friday**

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Below is a learning schedule for you to follow. You will need access to a digital device to complete some of the following activities. Please log in to your Class Dojo or Google Classroom. There will be worksheets from your teacher for you to print and complete. You may need help from a parent/carer. You are also able to access Mathletics and any other website that your teacher has given you access to. Complete all activities in your workbook and keep worksheets in your book too. Write the date on your activities to keep track. Bring your workbook in with you when you next come in to school.

**Below are some EXCELLENT Web-sites for you to check out!**

**Storyline Online** – The SAG-AFTRA Foundation’s award-winning children’s literacy website, Storyline Online, streams videos featuring celebrated actors reading children’s books. <https://www.storylineonline.net/about-us/>

**Learn How To Type:** <https://www.typingclub.com/>

**Weatherzone:** <https://www.weatherzone.com.au/nsw/sydney/glenmore-park>

**Mathletics:** <https://login.mathletics.com/>

Student log ins should be in front cover of Communication Book or Homework Book

**Behind The News:** <https://www.abc.net.au/btn/stories/>

**ABC TV Education:** <https://www.abc.net.au/tveducation/programs/primary/>

**This is a really interesting website – check it out!**

**Some good YouTube links:**

Good Morning Sunshine song: <https://www.youtube.com/watch?v=W7q1bHK8te0>

Let’s Get Fit: Count to 100: <https://www.youtube.com/watch?v=1dkPouLWCyc>

Cosmic Kids Yoga: [https://www.youtube.com/results?search\\_query=cosmic+kids+yoga](https://www.youtube.com/results?search_query=cosmic+kids+yoga)

Elf Sight words #1: <https://www.youtube.com/watch?v=Epplgnilutw>

Elf Sight words #2: <https://www.youtube.com/watch?v=Rs1Sr-AtK3Y>

Elf Sight words #3: <https://www.youtube.com/watch?v=25n6hqUAZuo>

Elf Sight words #4: <https://www.youtube.com/watch?v=glHYbA4L5Jw>

Phonics songs: <https://www.youtube.com/watch?v=BELIZKpi1Zs>

Solar System song: [https://www.youtube.com/watch?v=BZ-qLUIj\\_A0](https://www.youtube.com/watch?v=BZ-qLUIj_A0)


and Planets Song: <https://www.youtube.com/watch?v=mQrlgH97v94>


Planet comparisons: <https://www.youtube.com/watch?v=i93Z7zljQ7I>


On YouTube, students also enjoy: JustDance, Go Noodle and Blazer Fresh

T3 W3	Morning Session		Middle Session		Afternoon Session
Monday 26/07/21	<p><b>KLA English</b></p> <p><u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> <a href="http://www.weatherzone.com.au/nsw/sydney/glenmore-park">www.weatherzone.com.au/nsw/sydney/glenmore-park</a> Watch BTN Newsbreak <a href="https://www.abc.net.au/btn/stories/daily/">https://www.abc.net.au/btn/stories/daily/</a></p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack &amp; Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word <b>list</b> provided by teacher.</p>	<p><u>Task 5: News</u> Tell some news about what things you have done over the last week or weekend. Write at least three sentences about what you did (ask an adult to write it for you to copy if you need help). Draw a picture to illustrate your news.</p> <p><u>Task 6: Handwriting</u> Practise writing your name, address and either your home phone number (if you have one) or a parent's mobile phone number. Ensure that you are correctly forming the letters in your name.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>11am RECESS</p>	<p><b>Drop Everything and Read</b> 10-15 minutes of quiet reading.</p> <p><b>KLA Mathematics</b> <u>Task 1: Warm Up</u> Count by 2s to 100, forwards and then backwards if you can. Use a 100s chart to help if needed.</p> <p><u>Task 2: Maths worksheet</u> Complete the maths worksheet assigned by your teacher.</p>	<p><u>Task 3: Word problem</u> Sesame Street character Elmo has adopted a new puppy, called "TANGO". If Tango weighs 3 kilograms and Elmo weighs double Tango's weight, what does Elmo weigh?</p> <p><u>Task 4: online maths</u> Targetting maths activity or Log in to Mathletics and complete number activities, until you have earned at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>Have an ACTIVE BREAK</p> <p>1pm LUNCH</p>	<p><b>Drop Everything and read or draw or colour-in Olympic Medals or do some Olympic word search.</b> 10-15 minutes of a quiet activity.</p> <p><b>Library Lesson:</b> 1.Listen to the story Bad Case of the Stripes <a href="https://storylineonline.net/books/a-bad-case-of-stripes/">https://storylineonline.net/books/a-bad-case-of-stripes/</a> 2.Give the following information to someone in your family or write it down. *Is the story written to entertain us or inform us? *Is it a piece of fiction (Story Book) or Non Fiction (Information Book) *What message is the story giving us? *Would you recommend this book to someone else read? Why? 3. Free time to research something that interests you Log in to World Book Online – <a href="https://www.worldbookonline.com">https://www.worldbookonline.com</a> ID – scps1 Password – scps1</p> <p>End of day bell goes at 3.10pm</p>

T3 W3	Morning Session		Middle Session		Afternoon Session
Tuesday 27/07/21	<p><b>KLA English</b></p> <p><u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> <a href="http://www.weatherzone.com.au/nsw/sydney/glenmore-park">www.weatherzone.com.au/nsw/sydney/glenmore-park</a> Watch BTN Newsbreak <a href="https://www.abc.net.au/btn/stories/daily/">https://www.abc.net.au/btn/stories/daily/</a></p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack &amp; Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word <b>list</b> provided by teacher.</p>	<p><u>Task 5: Spelling activity</u> Do spelling set by your class teacher (<b>sheet</b>).</p> <p><u>Task 6: Handwriting</u> Complete one <b>page</b> of handwriting. Trace and copy neatly – check that you have correct pen/pencil grip and are sitting with good posture.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>11am RECESS</p>	<p><b>Drop Everything and Read</b> 10-15 minutes of quiet reading.</p> <p><b>KLA Mathematics</b></p> <p><u>Task 1: Warm Up</u> Count by 5s to 100, forwards and then backwards if you can. Use a 100s chart to help if needed.</p> <p><u>Task 2: Maths <b>worksheet</b></u> Complete the maths worksheet assigned by your teacher.</p>	<p><u>Task 3: Word problem</u> <b>July has 31 days. What will be the next month this year that has just 30 days?</b></p> <p><u>Task 4: online maths</u> Targetting maths activity or Log in to Mathletics and complete activities, until you have earnt at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>Have an ACTIVE BREAK</p> <p>1pm LUNCH</p>	<p><b>Drop Everything and read or draw or colour-in <b>Olympic Medals</b> or do some <b>Olympic word search</b>.</b> 10-15 minutes of a quiet activity.</p> <p>Watch <b>Behind the News</b>, BTN Classroom Episode 20</p> <p>Discuss the areas that interested you with your family.</p> <p>Challenge: Write a sentence about a new fact you learnt and how you feel about it.</p> <p>Do two <b>JUST DANCES</b></p> <p>End of day bell goes at 3.10pm</p>

T3 W3	Morning Session		Middle Session		Afternoon Session
Wednesday 28/07/21	<p><b>KLA English</b></p> <p><u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> <a href="http://www.weatherzone.com.au/nsw/sydney/glenmore-park">www.weatherzone.com.au/nsw/sydney/glenmore-park</a> Watch BTN Newsbreak <a href="https://www.abc.net.au/btn/stories/daily/">https://www.abc.net.au/btn/stories/daily/</a></p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack &amp; Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word <b>list</b> provided by teacher.</p>	<p><u>Task 5: Spelling activity</u> Rewrite spelling list. Do spelling set by your class teacher (<b>sheet</b>).</p> <p><u>Task 6: Reading Comprehension</u> Complete a reading comprehension <b>activity</b> set by your teacher.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>11am RECESS</p>	<p><b>Drop Everything and Read</b> 10-15 minutes of quiet reading.</p> <p><b>KLA Mathematics</b> <u>Task 1: Warm Up</u> Count by 10s to 100, forwards and then backwards if you can. Use a 100s chart to help if needed.</p> <p><u>Task 2: Maths worksheet</u> Complete the maths worksheet assigned by your teacher.</p>	<p><u>Task 3: Word problem</u> <b>Richard Branson was in space for 12 minutes before returning to Earth. If he floated in the capsule for half that time, for how many minutes was he floating?</b></p> <p><u>Task 4: online maths</u> Targetting maths activity or Log in to Mathletics and complete activities, until you have earnt at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>Have an ACTIVE BREAK</p> <p>1pm LUNCH</p>	<p><b>Drop Everything and read or draw or colour-in <b>Olympic Medals</b> or do some <b>Olympic word search</b>.</b> 10-15 minutes of a quiet activity.</p> <p><b>MUSIC</b> <b>Play an Instrument.</b> Play an instrument you are familiar with or try another one you have at home. Use music we have played in school or find songs on the internet. (eg. Aboriginal or Percussion music)</p>  <p>End of day bell goes at 3.10pm</p>

T3 W3	Morning Session		Middle Session		Afternoon Session
Thursday 29/07/21	<p><b>KLA English</b></p> <p><u>Task 1: Morning Routine</u> Good morning song on YouTube. Check in 'How are you feeling?' What is the weather like today? <i>Look outside and check on Weatherzone</i> <a href="http://www.weatherzone.com.au/nsw/sydney/glenmore-park">www.weatherzone.com.au/nsw/sydney/glenmore-park</a> Watch BTN Newsbreak <a href="https://www.abc.net.au/btn/stories/daily/">https://www.abc.net.au/btn/stories/daily/</a></p> <p><u>Task 2: Fitness</u> Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack &amp; Story</u> Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u> Watch, listen and read Elf Sight Words on YouTube. Or read word <b>list</b> provided by teacher.</p>	<p><u>Task 5: Spelling activity</u> Do spelling set by your class teacher (<b>sheet</b>).</p> <p><u>Task 6: Handwriting</u> Complete one <b>page</b> of handwriting. Trace and copy neatly – check that you have correct pen/pencil grip and are sitting with good posture.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p><b>Afternoon Art pic</b></p>  <p>11am RECESS</p>	<p><b>Drop Everything and Read</b> 10-15 minutes of quiet reading.</p> <p><b>KLA Mathematics</b> <u>Task 1: Warm Up</u> Count by 3s to 36, forwards and then backwards if you can. Use a 100s chart to help if needed.</p> <p><u>Task 2: Maths worksheet</u> Complete the maths worksheet assigned by your teacher.</p>	<p><u>Task 3: Word problem</u> <b>Jess added up all the ODD numbers BETWEEN 6 and 12. What was her answer?</b></p> <p><u>Task 4: online maths</u> Targetting maths activity or Log in to Mathletics and complete activities, until you have earnt at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>Have an ACTIVE BREAK</p> <p>1pm LUNCH</p>	<p><b>Drop Everything and read or draw or colour-in <b>Olympic Medals</b> or do some <b>Olympic word search</b>.</b> 10-15 minutes of a quiet activity.</p> <p><b>ART: Olympic Handprint Torch</b> <u>Materials:</u></p> <ul style="list-style-type: none"> <li>Scissors</li> <li>Washable paint - red, orange and yellow</li> <li>Paintbrush</li> <li>Coloured paper/ cardboard (I used blue)</li> <li>Paper</li> </ul> <p><u>Method:</u></p> <ol style="list-style-type: none"> <li>Print out your template of choice or make your own torch.</li> <li>Make the handprint fire: <ul style="list-style-type: none"> <li>Paint your hand with a thick layer of red, orange, and yellow paint (like a fire). You can also dip your hand in the paint, but I find it is easier to paint it on with a paintbrush.</li> <li>Press your painted hand onto the top of a piece of colored construction paper.</li> </ul> </li> <li>Glue the torch onto the blue construction paper as if the the handprint is the flames of the olympic torch.</li> </ol> <p>End of day bell goes at 3.10pm</p>

T3 W3	Morning Session		Middle Session		Afternoon Session
Friday 30/07/21	<p><b>KLA English</b>  <u>Task 1: Morning Routine</u>            Good morning song on YouTube.            Check in 'How are you feeling?'            What is the weather like today? <i>Look outside and check on Weatherzone</i>  <a href="http://www.weatherzone.com.au/nsw/sydney/glenmore-park">www.weatherzone.com.au/nsw/sydney/glenmore-park</a>            Watch BTN Newsbreak  <a href="https://www.abc.net.au/btn/stories/daily/">https://www.abc.net.au/btn/stories/daily/</a></p> <p><u>Task 2: Fitness</u>            Get Fit 100 or GoNoodle or Just Dance on YouTube or go for a walk/run.</p> <p><u>Task 3: Snack &amp; Story</u>            Listen to a story (You Tube, Storyline Online), parent read or read a book whilst eating some fruit or vegetables.</p> <p><u>Task 4: Sight Words</u>            Watch, listen and read Elf Sight Words on YouTube.            Or read word <b>list</b> provided by teacher.</p>	<p><u>Task 5: Spelling activity</u>            Rewrite spelling list.            Have an older person, sibling, parent or teacher test you on your spelling.</p> <p><u>Task 6: Reading Comprehension</u>            Complete reading comprehension <b>activity</b> set by your teacher.</p> <p><i>If finish early, draw on whiteboard or paper.</i></p> <p>11am RECESS</p>	<p><b>Drop Everything and Read</b>            10-15 minutes of quiet reading.</p> <p><b>KLA Mathematics</b>  <u>Task 1: Warm Up</u>            Roll 2 dice.            Students have to add the two numbers together.            Continue this for 10 rounds or more.</p> <p><u>Task 2: Maths worksheet</u>            Complete the maths worksheet assigned by your teacher.</p> <p>Have an ACTIVE BREAK</p>	<p><u>Task 3: Word problem</u>            Ash Barty won Wimbledon last week and received a large golden trophy/platter and lots of money. If the platter weighed 4 kilograms and Ash put 5 cupcakes on it each weighing 50 grams, what would be the total weight of that platter and cakes?</p> <p><u>Task 4: online maths</u>            Targetting maths activity or Mathletics and earn at least 500 mathletics points, then play "Mathletics Live" or "Cool Maths Games".</p> <p>1pm LUNCH</p>	<p><b>Drop Everything and read or draw or colour-in Olympic Medals or do some Olympic word search.</b>            10-15 minutes of a quiet activity.</p> <p><b>SPORT - Throwing</b></p> <p>Challenges</p> <p>Perform the following underarm throwing activities with a ball.</p> <ul style="list-style-type: none"> <li>From a close distance, throw the ball at a set target.</li> <li>Set markers at varying distances to throw the ball at the target.</li> </ul> <p><b>Mega Challenge</b></p> <ul style="list-style-type: none"> <li>Set varying distances from the target. Perform three body weight squats, then throw the ball at the target.</li> <li>Repeat this sequence using dominant/non-dominant hand.</li> </ul> <p><b>Creative Challenge</b></p> <ul style="list-style-type: none"> <li>Move the body any way you can while throwing the ball at the target.</li> </ul> <p><b>Other variations</b>            With a partner try:</p> <ul style="list-style-type: none"> <li>choosing different starting positions for the ball before throwing it at the target.</li> <li>marking out a set distance for relay running in between throwing the ball at the target.</li> <li>trying combining different fitness infusion activities for example, performing a set number tuck jumps.</li> </ul>  <p>End of day bell goes at 3.10pm</p>

